

# Canadian Mental Health Association Shuswap/Revelstoke Branch

## **JOB DESCRIPTION**

Job Title: Resident Support Worker

Work area: Cedar Place

Areas of Responsibility: 540 – 3 Street SW

**Reports to:** Manager of Supporting Homefulness, Team Lead – Cedar Place

Bargaining Unit: HEU, Community Sub-sector

Classification: Grid 21, Benchmark 81501

**Developed:** September 2021

# Job Summary

Resident Support Workers are the primary participant focused face of CMHA at Cedar Place. A Residential Support Worker provides assistance, support, and life skills training to program residents; and supports the overall operations and success of the facility. The Residential Support Worker will provide a variety of day to day physical, emotional, and social supports. Supporting the safety and security of the program residents and their living environment while encouraging independence, self-responsibility, and the healthiest lifestyle possible will be critical to success in this role.

### **Typical Duties and Responsibilities**

- Provide feedback and input regarding residents' needs, performance, and progress.
- Monitor residents' medication to and provides medication reminders, in accordance with established policy.
- Participate in and oversees various resident-focused social and recreational activities.
- Identify available social, economic, recreational, and educational services and resources in the community that will meet residents' needs. Provides residents with related information.
- Assist residents with activities of daily living.
- Assist residents to sort out options and develop plans of action while providing necessary support and assistance.
- Refer residents to other social services or assist residents in locating and utilizing community resources including legal, medical, and financial assistance, housing, employment, transportation, day care and other services.



- Implement life skills workshops, substance abuse treatment programs, behaviour management programs, and other community and social service programs under the supervision of social services or health care professionals.
- Meet with residents to assess their progress, give support, and discuss any difficulties or problems.
- Complete and maintains related records and documentation such as statistics, progress reports, and daily logs.
- Receive residents' feedback, and inquiries and complaints, and responds as required.
- Perform housekeeping duties such as sweeping and mopping floors, vacuuming, dusting, washing dishes, and laundry.
- Perform outdoor residence maintenance as required.
- Identifies and reports building issues. Submits work orders as needed to ensure the timely repair of building issues.
- Provide direction to volunteers/practicum students as required.
- Perform other related duties as assigned.

#### Qualifications

- Grade 12
- Social Service Certificate
- Valid Class V BC Driver's License
- Must have use of personal vehicle
- Experience in Supportive Housing
- Certificates in CPR, First Aid, Non-Violent Crisis Intervention and Food Safe
- Recent, related experience of one year or an equivalent combination of education, training and experience or other qualifications determined to be reasonable and relevant to the level of work.

### **Typical Skills and Abilities**

- Ability to work independently and in cooperation with others
- Must be able to establish and maintain a positive rapport with residents and team members
- Ability to communicate effectively, both verbally and in writing
- Ability to plan, organize and prioritize
- Ability to observe and recognize changes in residents
- Home management skills
- Ability to instruct using various methods
- Ability to analyze and resolve problems
- Conflict resolution and crisis intervention skills
- Positive advocacy skills
- Must be agreeable to a flexible work schedule (days, evenings, and weekends)
- Must be computer literate
- Good physical and mental health, and able to carry out the duties of the position.