

# WEEK OF JULY 29TH- AUG 3RD

## MONDAY 29

- 9:00am 12:00pm Learning Studios Open to our community
- 9:30am 11:30am Community
   Navigation Drop-in
   Ministry of Social Development Drop-in
- 10:00am 3:00pm Thrift Shoppe Open
   Donations accepted from 10:00am-3:00pm
- 1:30pm 3:00pm Outdoor Music at Wharf

#### WEDNESDAY 31

- 9:00am 12:00pm Learning Studios
   Open to our community
- 10:00am 11:00am Wellness wednesday (sign up required)
- 10:00am 3:00pm Thrift Shoppe Open
- 2:00pm 4:00pm Homeless Outreach Drop-in
- 2:30pm 4:00pm Ministry of Social Development Drop-in

## TUESDAY 30

- 9:00am 12:00pm Learning Studios Open to our community
- 10:00am 12:00pm Thrift Shoppe Open
- 1:00pm -2:30pm Social Rec Poke Bowl (Sign up required)



## THURSDAY 1

- 9:00am 12:00pm Learning Studios Open to our community
- 10:00am 3:00pm Thrift Shoppe is open Donations accepted from 10:00am-3:00pm
- 12:00pm 1:00pm Walking Taco Salad (sign up required before Wed 11am, \$4.50)
- 1:00pm 3:00pm Art: Japnese Calligraphy Sign up required

# FRIDAY 2

- 9:00am 12:00pm Learning Studios Open to our community
- 10:00am 3:00pm Thrift Shoppe Open
- 11:30am 12:30pm Friends Who Flex





# SATURDAY 3

10:00am-2:00pm - Thrift Shoppe Open

Donations Accepted from 10:00am-2:00pm