

# WEEK OF APRIL 21ST -26TH

#### MONDAY 21



#### WEDNESDAY 23

- 9:00am- 12:00pm Learning Studios open to our community
- 10:00am 3:00pm Thrift Shoppe open
- **10:00am 11:00am** Wellness Wednesday Laughing yoga (sign up required)
- 2:30pm 4:00pm Homeless Outreach & Ministry of Social Development

## TUESDAY 22

• 9:00 am-12:00 pm Learning Studios open to our community

Please note that the Learning Studios will be closed for team meeting at 11:00AM and will reopen at 12:00 PM

- 10:00am-3:00pm Thrift Shoppe open
- 1:00pm -2:30pm Social Rec : Walking

## THURSDAY 24

- 9:00am 12:00pm Learning Studios open to our community
- **10:00am 3:00pm** Thrift Shoppe open Donations accepted from 10:00am-3:00pm
- **12:00pm-12:30pm** Bite Size Learning (Sign up required before 11am Wednesday)
- **1:00pm 2:30pm** Art: Collaborative project underway with Melissa Nasby (Sign up required)

### FRIDAY 25

- 9:00am 12:00pm Learning Studios open to our community
- 10:00am 3:00pm Thrift Shoppe open (Bag sale)
- **10:00pm-11:00pm** Walking Group (Meet at the Cardiac Society at 9:50am)
- 1:00pm 2:00pm Friends who flex (At Anytime Fitness)

## SATURDAY 26

10:00am-2:00pm - Thrift Shoppe open

Donations Accepted from 10:00am-2:00pm