

WEEK OF APRIL 14TH - 19TH



MONDAY 14

- **9:00 am-12:00 pm** Learning Studios open to our community
- **9:30am-10:30am** Pancake breakfast
- **9:30am- 11:30 am** Community Navigation
- **10:00am - 3:00pm** Thrift Shoppe open
 - Donations accepted from 10:00am-3:00pm
- **1:00pm - 2:30pm** Music Monday

TUESDAY 15

- **9:00 am-12:00 pm** Learning Studios open to our community
Please note that the Learning Studios will be closed for team meeting at 11:00AM and will reopen at 12:00 PM
- **10:00am-3:00pm** Thrift Shoppe open
- **1:00pm -2:30pm** Social Rec : Walking

WEDNESDAY 16

- **9:00am- 12:00pm** Learning Studios open to our community
- **10:00am - 3:00pm** Thrift Shoppe open
- **10:00am - 11:00am** Wellness Wednesday Guided Meditation (sign up required)
- **11:30am- 12:30pm** Bi- Monthly Volunteer thrift meeting
- **2:30pm - 4:00pm** Homeless Outreach & Ministry of Social Development

THURSDAY 17

- **9:00am - 12:00pm** Learning Studios open to our community
- **10:00am - 3:00pm** Thrift Shoppe open
Donations accepted from 10:00am-3:00pm
- **12:00pm-12:30pm** Hot turkey sandwich (Sign up required before 11am Wednesday)
- **1:00pm - 2:30pm** Art: Collaborative project underway with Melissa Nasby (Sign up required)

FRIDAY 18



Happy Easter

CMHA Offices,
Learning Studios,
Hudson Thrift Shoppe
will be closed on
Friday, April 18th, till
Monday, April 21st
for Easter Break.






SATURDAY 19



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