

# WEEK OF FEB 24TH - MAR 1ST

## MONDAY 24


- **9:00 am-12:00 pm Learning Studios Open to our community**
- **9:30am-11:30am** Toast & Toppings & Community Navigation
- **10:30am-11:30am** Ministry of Social Development
- **10:00am - 3:00pm** Thrift Shoppe Open
  - Donations accepted from 10:00am-3:00pm
- **1:00pm - 2:30pm** Music Monday

## TUESDAY 25

CMHA Learning Studios will be closed today for the Snow Day event happening at Larch Hills. If you're signed up, and need transportation, please meet us at the studios by 9:30 AM or join us directly at Larch Hills at 10:00 AM.

- 10:00am-3:00pm Thrift Shoppe Open


## WEDNESDAY 26

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- **9:00am- 12:00pm Learning Studios Open to our community**
  - **10:00am - 3:00pm** Thrift Shoppe Open
  - **10:00am - 11:00am** Wellness Wednesday- Guided Meditation (sign up required)
  - **2:30pm - 4:00pm** Homeless Outreach , Ministry of social Development
  - **3:00pm- 4:00pm-** Games day

## THURSDAY 27

- **9:00am - 12:00pm Learning Studios Open to our community**
- **10:00am - 3:00pm** Thrift Shoppe Open  
Donations accepted from 10:00am-3:00pm
- **12:00pm-12:30pm** Turkey Pot pie (Sign up required before 11am wednesday)
- **1:00pm - 2:30pm** Art: Creating Resin (Sign up required)

## FRIDAY 28

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- **9:00am - 12:00pm Learning Studios Open to our community**
  - **10:00am - 3:00pm** Thrift Shoppe Open (Bag sale)
  - **1:00pm-2:00pm** Friends Who Flex (at anytime fitness)



## SATURDAY 1

**10:00 am - 2:00 pm - Thrift Shoppe Open**

Donations Accepted from  
10:00 am - 2:00 pm