

WEEK OF NOV 18TH - NOV 23RD

MONDAY 18

- 9:00am-12:00pm Learning Studios Open to our community
- 9:30am 11:30am Pancake Monday, Community Navigation , Ministry and Social Development Drop-in
- 10:00am 3:00pm Thrift Shoppe Open
 - Donations accepted from 10:00am-3:00pm
- 1:30pm 3:00pm Music Monday

TUESDAY 19

- 9:00am- 12:00pm Learning Studios Open to our community
- 10:00am 3:00pm Thrift Shoppe Open
- 1:00pm -2:30pm Social Rec Movie at Salmar Grand

WEDNESDAY 20

- 9:00am 12:00pm Learning Studios Open to our community
- **10:00am 11:00am** Wellness Wednesday-Guided Meditation (sign up required)
- 10:30 am- 11:30 am PAC Meeting
- 10:00am 3:00pm Thrift Shoppe Open
- 2:30pm 4:00pm Homeless Outreach Drop-in Ministry of Social Development Drop -in

THURSDAY 21

- 9:00am 12:00pm Learning Studios Open to our community
- **10:00am 3:00pm** Thrift Shoppe Open Donations accepted from 10:00am-3:00pm
- 12:00pm 1:00pm Hamburger soup (Sign up required before Wed 11 am)
- 1:00pm 2:30pm Art: Jewelry Making

FRIDAY 22

- 9:00am 12:00pm Learning Studios Open to our community
- **10:00am 3:00pm** Thrift Shoppe Open
- 1:00pm 2:00pm Friends Who Flex





SATURDAY 23

10:00am-2:00pm - Thrift Shoppe Open

Donations Accepted from 10:00am-2:00pm

For sign up please call 778 946 0207 433 Hudson Ave, NE Salmon Arm